

Alpheton Parish News

digital edition



August 2020

CHURCH OF ST PETER AND ST PAUL, ALPHETON

AUGUST 2020

Rector: The Revd Matthew Lawson
tel: 01787 310845 *email:* revmattis@gmail.com

Churchwarden: Mrs Charlotte Blyth — 01284 827008
email: charlottefblyth@btinternet.com

Administrator: Vicky Moakes *email:* chadbrookoffice@gmail.com

SERVICES

Sunday 2 August	10.30am	Holy Trinity	livestream service
Wed 5 August	10.30am	Holy Trinity	Midweek communion
Sunday 9 August	10.30am	Holy Trinity	livestream service
Wed 12 August	10.30am	Alpheton	Midweek communion
Sunday 16 August	10.30am	Holy Trinity	livestream service
Wed 19 August	10.30am	Holy Trinity	Midweek communion
Sunday 23 August	10.30am	Holy Trinity	livestream Family Communion
Wed 26 August	10.30am	Shimpling	Midweek communion
Sunday 30 August	10.30am	Holy Trinity	livestream service

Livestreaming our service

1. Go to the Melford Church website: www.longmelfordchurch.com
2. Scroll down to the Facebook box on the front page
3. Click on the words 'Holy Trinity Church' at the top of this box
4. Once in our Facebook page scroll down a little to see the service

Phone in service

If you do not have an internet connection you can phone in on an 0333 number which should be free if you have free calls (free weekend calls), or you are within your free minutes' limit on a phone contract (please check).

Dial 0333 0110 946, 'Room' number: 20966931#, Guest PIN: 5252#

Services may be subject to change in light of the situation with Coronavirus.

Check the websites for any changes. www.longmelfordchurch.com

From the Rector

The Best and Worst of Times

“It was the best of times, it was the worst of times”. As I pause to reflect on the past few months, this opening line from Charles Dickens’ ‘A Tale of Two Cities’ seems to fit the contrasting experiences of many I have spoken to.

For some it has been the worst of times. Our thoughts firstly go to those who have been ill or have lost loved ones, for whom it has been even harder due to the many constraints on personal contact. We also think of those who have been isolated and alone, those whose jobs or finances are insecure, and children and parents who have had to cope with ‘delights’ of home schooling.

But for many these have been the best of times: no traffic or planes, time to garden, time to think and pray, time to catch up with old friends, time to appreciate creation and the environment. We learnt that we can be happier living simply, without many of the things which we thought were so important.

We are in a strange time now as lockdown gradually lifts. Whereas some are enjoying trips to the beach or visiting family, others are still shielding. Whereas some are tempted to ignore social distancing, others are nervous to come out. Likewise there are inconsistencies on what is permitted – which is perhaps inevitable given the complexity of the situation. Indeed I think some are feeling more unsettled now than they were a couple of months ago.

So I am praying a number of things. I pray that there will not be a large second spike; and that people will be responsible but not anxious. I also pray that in this time of extreme contrasts, we can take the ‘best’ of what we have learnt, and change some of the ‘worst’ of what we have been. This surely is an approach that always pleases God’s heart.

Please note that our churches in Alpheton and Shimpling are normally open for private prayer, and we are planning simple midweek communion services in our churches starting in August. The weekly livestreamed services at 10.30am on Sundays are continuing (you do not need a Facebook account to view these). Please see the notices for more details.

Rev Matthew Lawson

Alpheton Table Tennis Club

Table Tennis England have given the go ahead, with advice from the Government, that recreational table tennis can start from July 27, 2020, with restrictions being single play only, unless you play doubles with a member of your family from the same household.

We will have to wait for the hall to be cleaned first, so hopefully we could perhaps start playing some time in August.

Anyone interested in joining the club, or for further information, please contact me by email:

Trevor Treharne

trevortreharne1949@gmail.com

tel: 01284 827077 mobile: 07979081924

Village Fete

The Parochial Church Council has taken the difficult decision to cancel the Village Fete in September. As well as being one of the main events they hold to cover church expenses, this is an important community event in the village calendar. However it was felt that this was the right thing to do in the present COVID climate.

You are welcome to join our livestream services every Sunday at 10.30am

Directions:

1. *Google the five words "Holy Trinity Long Melford Facebook".*
2. *Click on the top link which takes you to the Holy Trinity Facebook page.*
3. *Scroll down a bit ... service should be there.*
4. *Note that you do not need to join Facebook, and you can watch the service later.*



Welcome back

**The Church of St Peter and St Paul, Alpheton
is now open for prayer**



Please note that the church is currently open for individual prayer, and we hope to be open more generally soon. If you visit the church for individual prayer, please observe these basic rules for keeping everyone safe:

- Please clean your hands thoroughly using the hand sanitiser provided before going in, and take a wipe with you into the church.
- Keep the wipe with you in the church and wipe any surfaces you touch.
- Please keep a safe distance (2m) from people other than your own household.
- Please avoid touching any books or other loose objects.
- When leaving, please use the hand-sanitiser to clean your hands and take your used wipe with you and dispose of it at home.
- Please close the inner door to keep birds out, but leave the porch door open.

Thank you – it is wonderful to have this special place open again.

*God bless you, and thank you for ensuring that both you
and other visitors stay safe.*

Simple midweek communion services are planned for Alpheton, Long Melford and Shimpling in August, with the service in Alpheton on
Wednesday, August 12 at 10.30am



Children at Church

There is still plenty going on during lockdown: Crafts, videos, stories, Zoom meetings, teaching ... silliness.



For more information please contact our family worker Pam: melfordfamilyworker@gmail.com, 07890 880 976 ...

... or ask to be invited to our 'Children at Church' Facebook Page.

Film Night at the Village Hall

Tuesday 18 August, 7.30pm

Judy

Thirty years after starring in *The Wizard of Oz* beloved actress and singer Judy Garland arrives in London to perform sold-out shows at the Talk of the Town nightclub

Starring: Renée Zellweger, Rufus Sewell, Jessie Buckley

£4.00 entrance including tea and biscuits

WANTED

Treasurer

for

Alpheton and Shimpling Parish Church Council

If you are

Good with numbers

Responsible and community minded

Available for 1-2 days per month (*flexible hours*)

Maybe wanting to gain experience to put on your CV

Or perhaps wanting to exercise your 'grey matter'

Why not apply to be our Church Treasurer?

Training and support provided

A supportive environment

No obligation to attend church services

If you are interested

please call Sue on 01284 827 243

Stan Burcham

(1932-2020)

Stanley Victor Burcham was born on 4th November 1932 in Great Warley, Brentwood, Essex.

He was the youngest of three brothers, the elder brothers being Burt and Fred.

Stan grew up in Brentwood where he enjoyed playing in the nearby woods with his mate Ernie Gipson. When the Second World War broke out it did not deter Stan and Ernie, it just added a new dimension to their play. In later life, he took his sons to the same woods and he was reminiscent when they came across a spot where a German aircraft had crashed and left a big crater.

He recalled how he and Ernie would cycle around the edge of it and if they were too slow, they would fall in the crater, which was often full of water. Another day he was walking home from school and a German aircraft flew over it was so low that, to Stan's delight, the pilot waved at him.

Upon reaching adulthood, Stan entered a part of his life that would provide him with many memorable experiences, National Service in the RAF. He really enjoyed his time there. This is the reason that the music played upon entry today was the RAF March Past. Stan really enjoyed listening to military bands playing, especially when there was a prominent brass section.

On February 22nd, 1958, Stan married Maureen, and they lived at 'Banavie', 5 Bluebell Wood in Billericay. This would be the place where their family were raised.

In 1966, there was a serious night-time housefire and Stan had to exit the front of the house and break in around the back in order to rescue their boys, who were sleeping.

The trauma must have been immense but in those days, the support provided afterwards was lacking and they were left to fend for themselves and ended up living with Maureen's Mum and Dad whilst the bungalow was rebuilt.

As the years unfolded, back in Bluebell Wood, Dad developed his passion for growing vegetables in his enormous vegetable patch where he used his slaves (the three boys) to dig it over by hand every year. Much to the boy's dismay, when they all left home, their Mum and Dad invested in a sit-down lawn mower and a rotavator for the vegetable patch.

He liked to make things out of wood for the boys, including a puppet theatre, a road for their toy cars, all painted with road markings. He even made cricket bats, as he used to like playing cricket with them up the garden. He would welcome all their friends in for football matches on the small, bumpy pitch they had.

Stan taught Russell and Jeffrey to drive in a Ford Anglia, the make of car now made famous by Harry Potter. He did start to teach Andrew to drive until Andrew was offered free driving lessons and a test by his employer. Andrew was worried about telling his dad about the offer because he didn't want to hurt his Dad's feelings, but when he tentatively asked his dad if it would be ok, Stan just told him 'to bite their bloody hands off'.

One thing that has stood out to the family, when looking at photos of their Dad in the past weeks since his passing, is how infectious his smile was, along with his sense of fun and mischief.

Many who knew him well will remember his delight when receiving a risqué Birthday or Christmas card, often containing a joke where the punchline alluded to a juicy fart. It may seem disrespectful to say that word, in a place like this, but can you not hear him chuckling?

In the later years, Stan and Maureen have lived in the village of Alpheton, Suffolk, in a house aptly named 'Amicus' which translates from the Latin as 'Friend'. There are many friends in the village who are now offering support to Maureen at this difficult time. The family are thankful for this.

Stan passed away on 2 June, and the loss is felt by all his family:

His wife Maureen

His sons Russell, Jeffrey and Andrew and their wives, respectively
Jennifer, Anne and Kay

His grandchildren Joe, Sophie, Lewis and Megan

His great grandson Archie.

They will all miss his smile, albeit with his loose false teeth and his
amazing sense of fun.

The eulogy given by son Andrew at Stan's funeral on June 24

Alpheton Parish Council

Vacancies

Alpheton Parish Council has two vacancies and is seeking volunteers to join.

At our meetings we discuss a variety of topics on issues relating to both Alpheton and Bridge Street including planning, speeding, road conditions and looking after the local area.

This is a good opportunity to get to know what your Parish Council can do for you and how we can help and look after your community.

We have five members and are keen to recruit two more to cover the needs of the two villages.

If you are interested in the well-being of your community and would like to speak to a member of the council about joining us, please contact one of the following council members or our clerk:

Madeline Gray, Chair – madeline.david.gray@btinternet.com

John Moore, Vice Chair – johnhenry.moore@btopenworld.com

Trevor Rix – trevor@trevorrix.co.uk

Katie Jacobs – katiejacobs@sky.com

John Nunn – john.nunn@babergh.co.uk

or

Clerk, Nicola Smith at alphetonpcclerk@gmail.com



Bottle bank

If you notice that the bottle bank near the Village Hall is almost full, or is overflowing, then please contact:

Email: recycling@indigowaste.co.uk

Tel: 01842 820804

Anyone can email or telephone and request that the bottle bank at the Village Hall, Old Bury Road, Alpheton be emptied.

Please do not leave bottles when the bottle bank is full.

**DOMESTIC
INDUSTRIAL
AGRICULTURAL
COMMERCIAL**



J.A. GRIGGS

ELECTRICAL CONTRACTOR

2 Roseacre, Tye Green,
Church Lane,
Alpheton, Sudbury,
Suffolk CO10 9BL.

Tel / Fax: 01284 828777
Mobile: 07711 244287
Mobile: 07885 488035



Why Choose Power Plates?

- * Full Body Workout Only 30 mins
- * Energizes your whole body
- * Reduces Cellulite
- * Increases Circulation
- * Increases Bone Density
- * Toning & Slimming

As Little as £3.75 per session

Appeals to all ages and fitness levels and a great way to relax, exercise and make new friends

Why Choose Toning Tables?

- * A proven weight loss system
- * Increased flexibility & mobility
- * Assists arthritis & rheumatics
- * Great for post baby weight
- * Relieves stress & tension
- * Improves muscle tone
- * Stimulates circulatory system

4 Weeks UNLIMITED
use of Toning Tables £25

Single Session £5.00



21 22 23 *Alexandra's* 26 27 28

Established 1991

FREE TRIAL, CALL SUDBURY 370888 NOW!



Andy's Jet Force

- All drainage work undertaken, from block drains to new drains
- CCTV surveys
- High pressure water jetting services
- Patios and driveways cleaned
- Septic tanks and treatment plants emptied, serviced and installed

Andrew Waldock

jeforce@mail.com

T 01284 763952 M 07772 751645

www.andysjeforce.co.uk

Lark Valley Young Farmers' Club



*Are you bored of staying in on a Friday night?
Looking for something fun to do?
Aged between 10 and 16?*

Lawshall Village Hall, Fridays 7.00-9.00pm

Take part in competitions: Make new friends

**Be part of a national organisation that makes a difference
- and you do not have to come from a farming background**

More information:

*Tory Lugsden (County Fieldworker) 01473 785547
office @suffolkyoungfarmers.com*



Chiropodist

Established & locally based (Alpheton)

- Quality foot care
- Caring service tailored to your individual needs
- Expert advice
- Experienced with additional nursing qualification

If you are unsure as to whether chiropody is for you, please do not hesitate to contact me.

Elizabeth Gibson MSSCh MBChA
Health & Care Professions Council Registered
• Reg. No. CH20192



CLINIC
Casabella
Hall St. Long Melford
CO10 9HY
T: 01787 370300

HOME VISITING PRACTICE
Long Melford, Sudbury, Clare
& surrounding villages.
T: 01284 827380 M: 07798 806184

SWAYNE & PARTNERS

Veterinary Surgeon



The Veterinary Surgery
Little St Mary's, Long Melford,
CO10 9HY

tel: 01787 370773

SURGERY HOURS by appointment

Richard James

Home & Garden

Interior / Exterior Property Maintenance

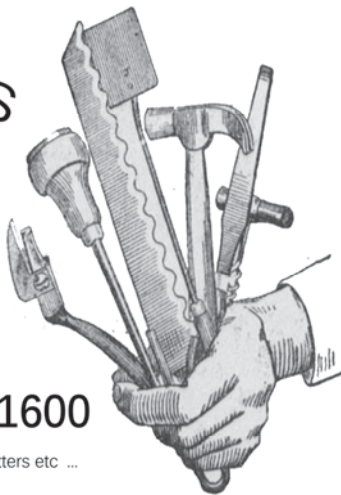
Small Building Works

Garden Structures / Landscaping

Chimney & Flue Specialists

Tel: **01787 247856** Mob: **07484 811600**

Heavy Lifting / Flatpack / Shelves / Picture Hanging / Clearance / Gutters etc ...



All Local Jobs Considered

Happy to Help & Advise

TREVOR TREHARNE, MSCP

CHARTERED PHYSIOTHERAPIST

I have 27 years' experience dealing with a full range of spinal ailments and sports injuries. My speciality treatment consists of medical electricity, massage, MET stretching, spinal manipulation (if required) and home exercises.

I have recently moved into the area after leaving a very successful physiotherapy business and will be working on a part time basis.

For an informal chat or to make an appointment

phone 01284 827077 or 07979 081 924

email: trevortreharne1949@gmail.com

R J C

Garden and Property Services

Lawn and hedge cutting : Fencing : Guttering

Decking : Shed builds : Concrete bases

Pressure washing : Pond set up and maintenance

Any odd job undertaken in and around your property.

For a free, no-obligation quote, contact Rob.

Tel: 01284 828668 Mob: 07825 269494 Email: lingcat@live.co.uk

Claire Weeks Art



All paintings have a characteristic name, commissions taken, for certain sizes and colours. Range of quality UK-made tableware online.

Lord and Lady Cluckingham



Eight different table mats with names i.e. His Majesty or Prunella, heat resistant glass platters and work top savers.

www.claireweekart.co.uk

T: 01284 827514 M: 07743 595295

E: claire@claireweekart.co.uk

NEWMANS LODGE, ALPHETON, SUFFOLK CO10 9BP

Bed and Breakfast

Newmans Lodge
Alpheton

www.newmanslodgebandb.com

Please contact Claire

01284 827 514

claire.weeks282@gmail.com



IndependentPeople
Homecare Services

Looking for an alternative to care homes? Then consider a Live in Carer.

At IP Homecare, we believe home is a place, filled with memories and photos, where your routines and food are cooked just the way you like.

Live in Care compares well to the price of a care home but you do not have to sell your belongings and share a Carer with up to 20 others at night. You do not have to eat from a limited menu or wait until a disruptive resident calms down. Instead of becoming institutionalised our Live in Carers will interact with you or a loved one during the day and ensure all is well at night.

To find out more call:
Freephone: 0808 274 2190 or
visit: www.iphomecare.co.uk



Weekly events at the Village Hall

All events subject to cancellation following government COVID-19 advice

Second Tuesday of the month: WI, 7.30pm (*Spring and Summer*)

Third Tuesday of the month: Film Night, 7.30pm

Last Tuesday of the month: Coffee Pot from 10.30am

Last Friday of the month: Craft and Social session, 2.00pm (not Dec)
Alphie's Bar, 8.00pm

Mobile Library:

Thursday every four weeks (next visit August 27)

11.35-11.55 opposite the Village Hall

12.00-12.15 Post Box near Church Lane



Village Hall Bookings

The Village hall has a licensed bar and is available for hire

For all village hall bookings please contact

Stephen Larnar 01284 828468 stephenlarnar@btinternet.com



Advertisements

Commercial Ads (*up to half a page*): £3.50 per month or £35 per annum

Domestic small Ads £0.85 per month

Alpheton Parish News is published by Alpheton and Shimplingthorne Parochial Church Council, *Editor Emeritus* Mrs Paddy Trevelyan. The PCC reserves the right to alter or refuse any item submitted for publication and cannot be held responsible for the accuracy of any claims made by any advertiser. Articles submitted do not necessarily represent the view of the publisher.



COPY FOR THE NEXT ISSUE

Please email copy by August 12 to

Editor **Ken Watkins** watkinsk105@outlook.com

copy received after the deadline will be held until the next issue

Artwork for the front cover is always welcome

Please ensure that any graphics are emailed as hi-res Jpegs or PDFs

Camera-ready artwork should be hi-res: portrait for full page, landscape for half page



DATES FOR YOUR DIARY

during August 2020

NB Some events may be subject to cancellation in the light of updating COVID-19 advice. Please check with organisers.

- Sunday 2 Aug Livestream Communion from Holy Trinity, 10.30am
Sunday 9 Aug Livestream Communion from Holy Trinity, 10.30am
Tuesday 11 Aug WI, Alpheton Village Hall, 7.30pm
Wed 12 Aug Midweek communion, Alpheton Church, 10.30am
Sunday 16 Aug Livestream Communion from Holy Trinity, 10.30am
Tuesday 18 Aug Film 'Judy', Alpheton VH 7.30pm
Sunday 23 Aug Livestream Communion from Holy Trinity, 10.30am
Tuesday 25 Aug Coffee Pot, Alpheton VH, 10.30am
Friday 28 Aug Craft and Social Session, Alpheton VH, 2.00pm
Friday 28 Aug Alphonie's Bar, Alpheton VH, 8.00pm
Sunday 30 Aug Livestream Communion from Holy Trinity, 10.30am



Further ahead

- Tuesday 8 Sept WI, Alpheton Village Hall, 7.30pm
Tuesday 15 Sept Film 'The Good Liar', Alpheton VH 7.30pm
Tuesday 29 Sept Coffee Pot, Alpheton VH, 10.30am



Message from the Editor

In view of the current restrictions, and as a safety precaution for everyone involved in the normal production and delivery of the Parish magazine, this edition is coming to you online, rather than through your letter box.

It is appearing on both the Alpheton village website, and the St Peter and St Paul website, and will continue to do so until circumstances change.

Cover artwork: Jill Leggeter